According to CMS, the MDS 3.0 will DEFINITELY go into effect October 1, 2010. While most training for the RAI process is usually focused on nursing and clinical aspects, this session will provide specific details in regard to responsibilities and process for the Social Worker and Activities/Recreation Professional. This program will focus on providing information regarding the major areas of change, and impacts those changes will have on our current process. In the past few years, the Centers for Medicare and Medicaid Services (CMS) have made specific changes in surveyor guidance related to quality of life, activities, and psychosocial well-being. It comes as no surprise that the MDS 3.0 is now designed to help nursing home staff look at residents holistically—as individuals for whom quality of life and quality of care are mutually significant and necessary. Nursing homes have found that involving disciplines such as dietary, social work, activities, physical therapy, occupational therapy, speech language pathology, and pharmacy in the RAI process has fostered a more holistic approach to resident care and strengthened team communication. What better way to meet an elder’s needs than through that interdisciplinary approach? Cat Selman, who participated in various aspects in the development of this document, and having attended the CMS’ Train the Trainer in Baltimore, MD, will be sharing the latest, most accurate guidance for the implementation of the MDS 3.0.

FACULTY: Catherine R. “Cat” Selman, BS, ACC

Ms. Selman, a featured speaker at AHCA, AAHSA, and numerous state association conferences, has provided educational offerings/presentations in all 50 states. She currently provides educator and consultant services to nursing facilities, corporations, & professional membership associations, as well as federal and state survey agencies throughout the nation. Cat is a qualified Social Worker & Certified Activity Consultant with over 30 years experience in the healthcare industry. Before founding The Healthcare Communicators, Inc. in 1988, she served as Corporate Activity & Social Work Consultant for 101 nursing homes in seven states.

Ms. Selman was a member of the CMS expert panel who developed the new surveyor guidelines for activities and quality of life requirements. Since 1989, she has served on numerous CMS Expert Panels, assisting in the development of surveyor training materials for new guidance affecting activities, quality of life, and psychosocial aspects of the survey process. If budget constraints force limits on the number of seminars your professional staff attend in 2010, this is the speaker and training that you do NOT want to miss!
**Dates & Hotel Information**

**July 28, 2010**
Crowne Plaza Hotel - Old Mill  
655 North 108th Avenue  
Omaha, Nebraska  
(402)496-0850

**July 30, 2010**
Best Western Ramkota Hotel & Conference Center  
3200 W. Maple Street  
Sioux Falls, South Dakota  
(605)336-0650

**August 3, 2010**
La Quinta Inn & Suites - Bloomington West  
5151 American Blvd. West  
Bloomington, Minnesota  
(952)830-1300

**August 5, 2010 - Bloomington, MN**
This seminar is sold out. We have added an additional date in Bloomington on August 3rd. Please register for that session to assure seating.

Please call hotels directly for room reservations (if needed), and driving/ location directions.

**Program Schedule**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration</td>
<td>8:00 a.m. - 8:30 a.m.</td>
</tr>
<tr>
<td>Presentation</td>
<td>8:30 a.m. - 4:00 p.m.</td>
</tr>
<tr>
<td>Lunch</td>
<td>12:00 p.m. - 1:00 p.m.</td>
</tr>
</tbody>
</table>

(On your own)

**Fees:** $95.00 per person

Full payment must be made prior to attending session. Late Fee of $20 will be required for any payment received after date of seminar. Attendance will not be guaranteed without payment. A $35 fee will be charged for any NSF/returned checks. There will be no acknowledgement of your registration. You are enrolled, unless otherwise notified.

Only written requests for cancellation post-marked ten days prior to workshop will be honored. Register EARLY - limited seating! Please wear layered clothing if you tend to be cold-natured.

**Register today!**
Pay with credit/debit card online: www.thehealthcarecommunicators.com

Mail payment to: The Healthcare Communicators, Inc.  
PO Box 741  
Madison, MS 39130  
Fax: (601)856-1017

Call (601) 497-9837

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**Registration Form**

1. Activities, Social Services and the MDS 3.0  
   Indicate the date you would like to attend:  
   ☐ ________________________________

2. Indicate the location you would like to attend:  
   ☐ ________________________________

3. Attendee(s) Name & Title (Please print or type.)  
   ________________________________
   ________________________________
   ________________________________
   ________________________________
   ________________________________

4. Contact Information (Required):  
   (Please type or print clearly.)  
   Phone: ____________________
   E-Mail: ____________________

5. Mailing Address: (Please print or type clearly.)  
   Facility Name: ____________________
   Address: ____________________
   ____________________
   ____________________

6. Payment Information:  
   ☐ Payment Enclosed - Amount: ____________
   ☐ Payment Coming from Corporate Office  
     Name of Company: ____________________
   ☐ Additional Fee of $20 is enclosed for College  
     CEUs (CTRS only)

Payment may be made per facility check, credit card, or money order. No personal checks will be accepted.

Checks & money orders should be made payable to:  
The Healthcare Communicators, Inc.  
PO Box 741  
Madison, MS 39130  
REGISTER ONLINE:  
www.thehealthcarecommunicators.com
# Activities, Social Services & the MDS 3.0

## AGENDA

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>Introduction to MDS 3.0/Overview of the MDS 3.0</td>
</tr>
<tr>
<td>8:30 a.m.</td>
<td>The MDS 3.0 Document Care Area Assessment Process</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Utilization Guidelines</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Problem Identification</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Components</td>
</tr>
<tr>
<td>9:00 a.m.</td>
<td>Coding Changes/Coding Instructions: Implications and Responsibilities for the Activities &amp; Social Services Departments</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Section A – Identification Info</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Section B – Hearing, Speech, &amp; Vision</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Section C – Cognitive Patterns</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>Section D – Mood</td>
</tr>
<tr>
<td>10:00 a.m.</td>
<td>BREAK</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>Continuation of Coding Instructions: Section E – Behavior</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>Continuation of Coding Instructions: Section F – Preference for Customary Routine &amp; Activities</td>
</tr>
<tr>
<td>10:15 a.m.</td>
<td>Continuation of Coding Instructions: Section G – Functional Status</td>
</tr>
<tr>
<td>12:00 p.m.</td>
<td>LUNCH</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Continuation of Coding Instructions: Section H – Bladder &amp; Bowel</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Continuation of Coding Instructions: Section I – Active Diagnoses</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Continuation of Coding Instructions: Section J – Health Conditions</td>
</tr>
<tr>
<td>1:00 p.m.</td>
<td>Continuation of Coding Instructions: Section K – Swallowing Nutritional Status</td>
</tr>
</tbody>
</table>

## Continuing Education Credit

Six (6) hours of continuing education credit has been approved for the following disciplines:

- Licensed Nursing Home Administrators (NAB Approval)
- Registered and Licensed Practical Nurses - (6.25 hours) This continuing nursing education activity was approved by the Mississippi Nurses Foundation, Inc., an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
- Certified Activity Professionals (NCCAP)
- Licensed Social Workers - (National Board - NASW)
- Certified Therapeutic Recreation Specialists (CTRS) - College CEUs are available for purchase through the University of TN - .6 CEUs Additional fee of $20.00
Cat Selman... You've heard her at conferences... now come learn with her at a full-day, 6 hour, intensive training!

Training DVDs from this session will be available for purchase on-site and at www.thehealthcarecommunicators.com

PO Box 741
Madison, MS 39130

Poison Prevention and Social Service Department.

The recent "Train the Trainer" session for the MDS 3.0 in Baltimore, MD, CMS stated adamantly that the implementation date for this newly revised document was firm – October 1, 2010. There will be no further delays! As is the case in many instances, professional trainings for this newly revised document are geared for nurses, and more specifically, the MDS Coordinator. However, some of the most significant changes involve the Social Worker and Activity/Recreation Professional. As a result, Cat Selman has put together a training that is designed specifically for these disciplines.

This is an educational offering on the MDS 3.0 that will provide the Social Worker and Activity/Recreation Professional with more than the usual "15 minutes" that are allotted to coding. Cat will be providing guidance as to what the specific coded items will indicate for care plan development. This training session will not just focus on coding.

Activities, Social Services