On November 29, 2016, Cat conducted the first training on the new CMS Final Rule for nursing home requirements. As indicated in that training, there was only enough time to provide a brief “overview” of each requirement mandated for Phase 1 implementation. In the upcoming training, Part 2, Cat will be providing detailed instruction and guidance regarding specific survey focus for the new requirements, addressing facility practice and process.

Specific areas of instruction will include:

- Resident Rights - what’s new, what’s been revised, and suggested actions for facilities
- Enhanced requirements around transitions of care from one facility to another.
- Focus on the appropriate use of psychotropic medications, including limits on “as needed” orders.
- Requirement of a facility-wide assessment to determine what resources are necessary to care for the facility’s residents competently during both day-to-day operations & emergencies.
- Competency requirements for determining sufficient staff, based on facility assessment.
- Requirements for comprehensive person-centered care planning.
- New requirements related to behavioral health services.
- Substantial changes related to pharmacy services.
- Extensive enhanced requirements for food and nutrition, including staff competencies and skills.

Cat Selman consistently teaches in a manner that is easily understood. She provides insight as to surveyor focus and is on target with recommendations/instruction for staff operational process. Why pay more for trainings that don’t give your staff the information they need to be successful with this new process? Don’t wait! Secure space now for your entire team. Seating will be limited to 150 participants, and will be awarded on a “first come, first serve” basis.

**FACULTY: Catherine R. “Cat” Selman, BS**

Educator, Motivator, Communicator, Consultant, Author...Catherine R. “Cat” Selman, BS, uses her dynamic personality and compelling presence to spread the message of positive, realistic, and common-sense strategies for the aging services professional. She presently serves as President and Co-owner of The Healthcare Communicators, Inc., a company specializing in continuing education for healthcare professionals. Ms. Selman received her degree from Trevecca Nazarene University, with continued graduate work at the University of Southern Mississippi.

With over 30 years’ experience in management, education and consultation, Ms. Selman has trained providers and surveyors in all 50 states. Since 1989, she has often been requested by the Centers for Medicare and Medicaid Services (CMS) to sit on stakeholder/expert panels responsible for the revision of surveyor guidance and compliance issues. In demand, and on topic, she is considered an authority in aging services.

“I’ve been to a few classes regarding the new regulations...yours has been the best!” - Recent Seminar Participant
Date & Location

January 25-26, 2017
Holmes Community College
D.P. "Pat" McGowan Workforce Training Center
412 West Ridgeland Avenue
Ridgeland, MS
(601)605-3370

Program Fees

$185 per person - BOTH days
$95 per person - 1 Day Only

Payment must be received before date of session. Late Fee of $20 will be required for any payment received after date of seminar. Lunch is on your own.

Special Note: Participant substitutions must be approved directly by our office 24 hours prior to attended course session. Two separate individuals may not attend the course on separate days for the course price of $185 - individual fee for one day of $95 each would apply.

Program Schedule

Registration: 8:00 a.m. - 8:30 a.m.
Presentation: 8:30 a.m. - 4:00 p.m.
Lunch: (On your own)

Education Credit

Applications for twelve (12) hours of education credit have been submitted to the appropriate approval bodies for the following disciplines:
- Nursing Home Administrators (MS Board only)
- Nurses (see statement below)
- Social Workers - National Board (NASW)
- Activity Professionals - National Board (NCCAP)

This activity has been submitted to the Mississippi Nurses Foundation, Inc. for approval to award contact hours. The Mississippi Nurses Foundation, Inc. is accredited as an approver of continuing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Register today on-line, by mail, or e-mail!

Mail to:
The Healthcare Communicators, Inc.
PO Box 207
Vonore, TN 37885
www.thehealthcarecommunicators.com
E-mail: HealthcareComm@aol.com
Call (601) 497-9837 with any questions

Registration Form

   - [ ] Day One (Wednesday - January 25, 2017)
   - [ ] Day Two (Thursday - January 26, 2017)

2. Attendee(s) Name & Title (Please print or type.)
   ____________________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

3. Contact Information: (* REQUIRED)
   (Please type or print clearly.)
   *Phone: (     )
   *E-mail: ________________________________

4. Mailing Address: (Please print or type clearly.)
   Facility Name: _____________________________
   Address: __________________________________
   ____________________________________________
   ____________________________________________
   ____________________________________________

Method of Payment:   ☐ Money Order   ☐ Facility Check   ☐ MasterCard   ☐ Visa   Today’s Date_______

Name as it appears on Credit Card: (Please print) ________________________________

Credit Card Number ________________________________ Expiration Date _______ 3-Digit Security Code _______

Amount to be charged: ___________________________ Signature: ___________________________

If paying by credit card, address MUST match billing address on record. My signature authorizes The Healthcare Communicators, Inc. to make the above charge to my credit card. No personal checks will be accepted. Credit Card receipts will be provided to individuals by email.
**CMS New Regulations for Nursing Homes - Final Rule: Part 2**

**Day One Agenda**

**Session 1: “Residents Rights: Everything you thought you knew, but didn’t know to ask…” (3 hours)**

CMS has combined two regulatory sections for Resident’s Rights to create a comprehensive section that includes in a single location both statements of resident rights and facility responsibilities to support those rights. Person-centered care is an over-arching principle of this section. New surveyor focus and revised requirements include: 1) introductory language expanding on existing requirements; 2) exercise of rights; 3) resident representative; incompetence; 4) planning and implementing care; 4) choice of attending physician; 5) respect and dignity; 6) self-determination; 7) information and communication; 8) privacy and confidentiality; 9) safe environment; 10) grievances; 11) contact with external entities; 12) freedom from abuse, neglect & exploitation; 13) admission, transfer & discharge rights. Cat will be providing explanation as to how the current requirements differ from prior regulations, and offering recommendations as to the actions facilities will need to put in place for compliance.

**Session 2: “Resident Assessment & Person-Centered Care Planning” (3 hours)**

Person-centered care is a way of thinking and doing things that sees the people using health and social services as equal partners in planning, developing and monitoring care to make sure it meets their needs. New language has been added to reflect a “person-centered” care planning process. CMS has specifically:

- Added “strengths, goals, life history and preferences” to the assessment
- Changed “discharge potential” to “discharge planning”
- Clarified requirements for coordinating assessments with PASARR.

Cat will be providing instruction in regard to the assessment and care plan process: who should be involved; MDS coding and implications for care; documentation & content criteria; & discharge planning/notifications. Facility “process” (how we get things done) will be addressed in depth during this session.

**Session 3: “Behavioral Health Services” (3 hours)**

New requirements add to current directives that facilities ensure licensed/certified professionals have the specific competencies and skill sets necessary (quality) to care for residents’ needs, as identified through resident assessment and care plans. CMS further instructs that facilities must ensure they have sufficient staff (quantity) who provide direct services to residents with “appropriate” competencies. The new requirements specifically address: behavioral health care services; residents with mental illness/psychological disorders, as well as with residents with a history of trauma and/or PTSD; and non-pharmacological interventions. Coupled with the CMS Initiative for Dementia Care, this one area has become, and will be, a focal point of facility surveys. Behavior management techniques, restraints, unnecessary drugs, and staff training will experience surveyor scrutiny unlike any we have seen in the past. Cat will be discussing successful strategies for behavior management and care/service delivery for the resident who exhibits these challenges.

**Session 4: “Pharmacy Services/Dental/Food & Nutrition” (3 hours)**

Revisions to the Drug Regimen Review; clarifications on “irregularities;” CMS initiatives regarding unnecessary drugs; CMS Focused Survey—Medication Review; new thresholds for the reduction of antipsychotics...the list continues to grow in this area. Medication Review/Reconciliation continues to be a major contributing factor to hospital readmissions and unsuccessful resident transitions. Facilities will face new criteria in regard to services that should be provided for dental care. The requirements also address new policies/procedures for the Food and Nutrition departments (formerly known as Dietary Services), as well as staff qualifications within the department. What has changed, what stays the same, what will be the survey focus? And what do we need to do? Again, Cat will be providing guidance and explanation for these specific areas.
Yes! Please add my name and addresses to your mail list.

Contact Information:  (Please type or print clearly.)

Name: ____________________________________________

Phone: (                )                                  

E-mail: ____________________________________________

Mailing Address:

Facility Name: ____________________________________________

Address: ____________________________________________

City: ____________________________ State: ___________ Zip: ________________

Date: ____________________________ Signature: ____________________________

Please email to: healthcarecomm@aol.com, or bring to seminar on November 29, 2016. You may also mail to:
The Healthcare Communicators, Inc.  PO Box 207  Vonore, TN 37885